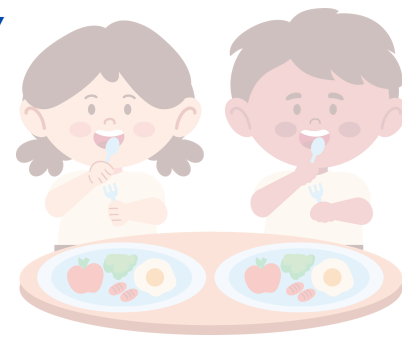
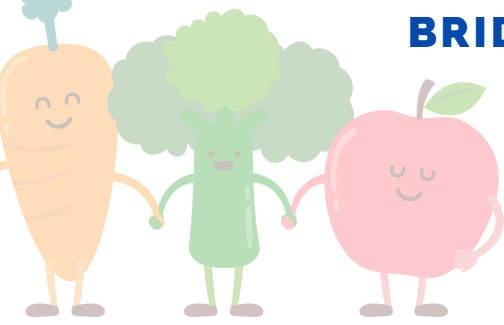




LUNCH MENU

1/5/26 - 1/9/26

Monday

Breakfast: Cheerios Cereal Bowl, Graham Cracker, Apple, Fat Free, 1% or Chocolate Milk.

Lunch: Beef & Cheese Taco Stick or Stuffed Cheese Bread, Chicken Sandwich, Oranges, Fat-Free, 1% or Chocolate Milk.

Tuesday

Breakfast: Pan Dulce Concha, Pear, Fat-Free, 1% or Chocolate Milk

Lunch: Asian Chicken Bowl w/ Dumpling, Green Beans, or Asian Chicken Salad, Apple Fat-Free, 1% or Chocolate Milk

Wednesday

Breakfast: Cocoa Puffs Cereal Bowl, Graham Crackers, Apple, Fat-Free, 1% or Chocolate Milk

Lunch: Chicken Hot Dog w/Potato Wedges or BRC Burrito, Pear, Fat-Free, 1% or Chocolate Milk

Thursday

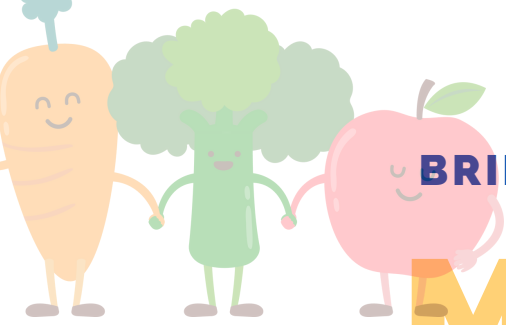
Breakfast: Fun & Fruity Waffles, Oranges, Fat-Free, Chocolate or Low-fat Milk

Lunch: Chicken Alfredo Pasta w/ Broccoli or Italian Chicken Salad, Apples, Fat-Free, 1% or Chocolate Milk

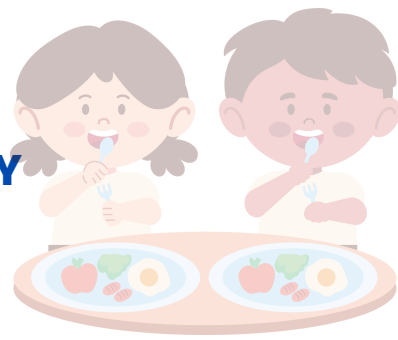
Friday

Breakfast: Mini Pancakes, Banana, Juice, Fat Free, Chocolate or 1% Milk

Lunch: Pepperoni or Cheese Pizza, Carrots, Ranch, Apple Slices & Chocolate, Fat Free or Low-fat milk.



BRIDGES PREPARATORY ACADEMY



MENÚ DEL ALMUERZO

1/5/26 - 1/9/26

Lunes

Desayuno: Tazón de cereal Cheerios, galleta Graham, manzana, leche sin grasa, 1% o leche con chocolate.

Almuerzo: Palitos de taco de carne y queso o pan de queso relleno, sándwich de pollo, naranjas, leche sin grasa, al 1% o con chocolate.

Martes

Desayuno: Pan Dulce Concha, Pera, Sin Grasa, 1% de Leche o Leche con Chocolate

Almuerzo: Tazón de Pollo Asiático con Dumpling, Judías Verdes o Ensalada de Pollo Asiático, Manzana Sin Grasa, 1% de Leche o Leche con Chocolate

Miércoles

Desayuno: Tazón de cereales Cocoa Puffs, galletas Graham, manzana, sin grasa, 1% o leche con chocolate. Almuerzo: Perro caliente de pollo con papas gajo o burrito BRC, pera, sin grasa, 1% o leche con chocolate.

Jueves

Desayuno: Waffles divertidos y frutales, naranjas, leche sin grasa, con chocolate o baja en grasa. Almuerzo: Pasta Alfredo con pollo y brócoli o ensalada de pollo italiana, manzanas, leche sin grasa, con 1% de grasa o con chocolate.

Viernes

Desayuno: Mini panqueques, plátano, jugo, leche sin grasa, chocolate o 1%
Almuerzo: Pizza de pepperoni o queso, zanahorias, aderezo ranch, rodajas de manzana y chocolate, leche sin grasa o baja en grasa.

ESTA INSTITUCIÓN ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES.