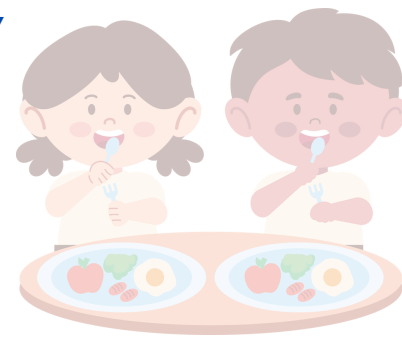
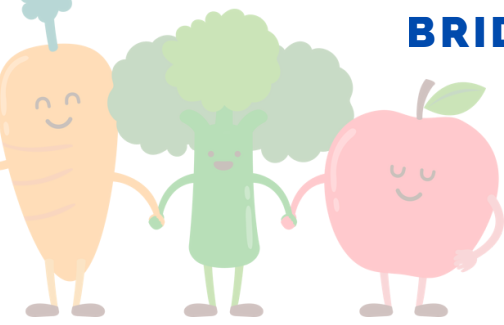




LUNCH MENU

8/17/26 - 8/21/26

Monday

Breakfast: Cinnamon Crumble Cake or Honey Bunches of Oats Cereal w/ Honey
Grahams, Apples, Nectarines, Fat Free or 1% Milk

Lunch: Cheeseburger w/ Oven Baked Fries or Orange Chicken & Fried Rice w/ Peas,
Baby Carrots, Fruit Juice, Fat Free, 1% or Chocolate Milk

Tuesday

Breakfast: Maple Cinnamon Puffed Cereal or Maple Beef Sausage & Pancake
Sandwich, Fruit Juice, Pears, Fat Free or 1% Milk

Lunch: Mac & Cheese w/ Diced Carrots or Pineapple Teriyaki Chicken w/ Rice &
Diced Carrots, Celery Sticks, Apples, Fat Free, 1% or Chocolate Milk

Wednesday

Breakfast: Blueberry Muffin or Cheerios Cereal w/ Honey Grahams, Pears, Apples,
Fat-Free or 1% Milk

Lunch: Chicken Bites w/ Corn or Grilled Cheese Sandwich w/ Baby Carrots,
Cucumber Slices, Bananas, Fat-Free, 1% or Chocolate Milk

Thursday

Breakfast: Croissant w/ Grape Jelly, Bananas, Pears, Fat-Free, or 1% Milk

Lunch: Bean & Cheese Tamale or Southwest Chicken Salad w/ Dinner Roll, Jicama
Slices, Nectarines, Fat-Free, 1%, or Chocolate Milk

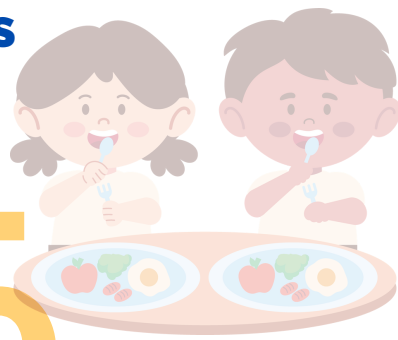
Friday

Breakfast: Yogurt w/ Honey Grahams, Apple Slices, Bananas, Fat-Free or 1% Milk

Lunch: Pepperoni or Cheese Pizza, Side Salad, Peaches, Fat Free, 1% or
Chocolate Milk



MENÚ DEL ALMUERZO



8/17/26 - 8/21/26

Lunes

Desayuno: Pastel de Canela con Crumble o Cereales Honey Bunches of Oats con Galletas de Miel, Manzanas, Nectarinas, Leche Sin Grasa o Leche de 1%

Almuerzo: Hamburguesa con Queso y Papas Fritas al Horno o Pollo a la Naranja y Arroz Frito con Guisantes, Zanahorias, Jugo de Frutas, Leche Sin Grasa, Leche de 1% o Leche con Chocolate

Martes

Desayuno: Cereal de Canela y Arce o Sándwich de Salchicha de Res con Arce y Panqueques, Jugo de Frutas, Peras, Leche Sin Grasa o Leche de 1%

Almuerzo: Macarrones con Queso y Zanahorias en Cubos o Pollo Teriyaki con Piña, Arroz y Zanahorias en Cubos, Palitos de Apio, Manzanas, Leche Sin Grasa, Leche de 1% o Leche con Chocolate

Miércoles

Desayuno: Magdalenas de Arándanos o Cereales Cheerios con Galletas de Miel, Peras, Manzanas, Leche Sin Grasa o Leche de 1%

Almuerzo: Bocaditos de Pollo con Maíz o Sándwich de Queso a la Plancha con Zanahorias, Rodajas de Pepino, Plátanos, Leche Sin Grasa, Leche de 1% o Leche con Chocolate

Jueves

Desayuno: Croissant con Mermelada de Uva, Plátanos, Peras, Leche Sin Grasa o Leche de 1%

Almuerzo: Tamal de Frijoles y Queso o Ensalada de Pollo estilo Suroeste con Panecillo, Rodajas de Jícama, Nectarinas, Leche Sin Grasa, Leche de 1% o Leche con Chocolate

Viernes

Desayuno: Yogur con Galletas de Miel, Rodajas de Manzana, Plátanos, Leche Sin Grasa o Leche de 1%

Almuerzo: Pizza de Pepperoni o Queso, Ensalada, Melocotones, Leche Sin Grasa, Leche de 1% o Leche con Chocolate