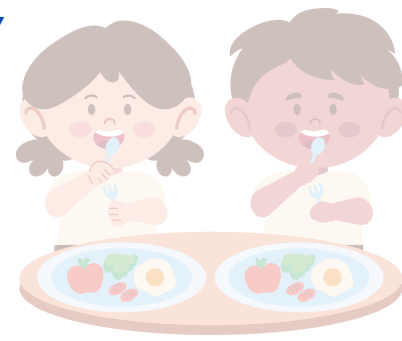
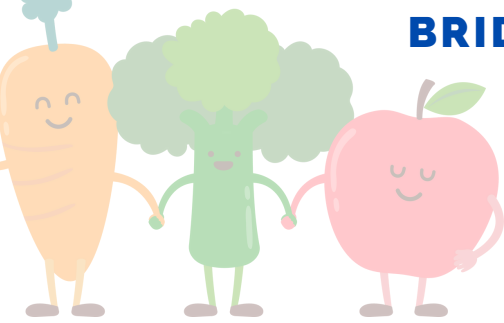




LUNCH MENU

12/1/25 - 12/5/25

Monday

NO SCHOOL: Teacher Training Day

Tuesday

Breakfast: Pan Dulce Concha, Orange, Fat-Free, 2% or Chocolate Milk

Lunch: Asian Chicken/Edamame Bowl w/ Dumplings or Asian Chicken Salad, Apple
Fat-Free, 2% or Chocolate Milk

Wednesday

Breakfast: Cocoa Puffs Cereal Bowl, Graham Crackers, Apple, Fat-Free, 2% or Chocolate
Milk

Lunch: Chicken Hot Dog or Bean & Cheese Burrito w/ Potato Wedges, Pear, Fat-Free, 2% or
Chocolate Milk

Thursday

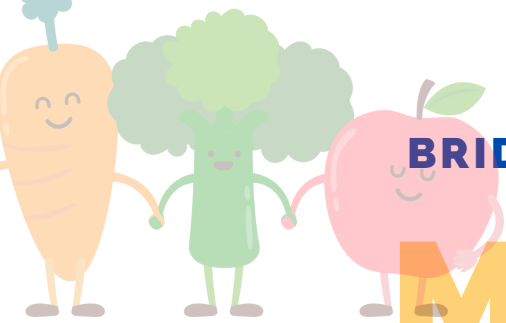
Breakfast: Fun & Fruity Waffle, Pear, Juice, Fat-Free, Chocolate or Low-fat Milk

Lunch: Cajun Chicken Pasta or Chef Salad, Oranges, Fat-Free, 2% or Chocolate
Milk

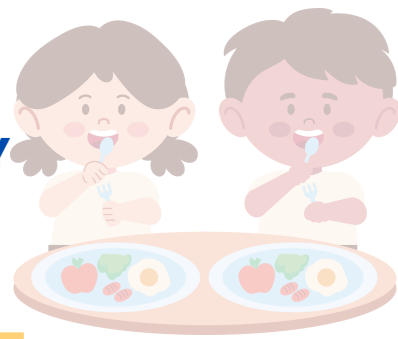
Friday

Breakfast: Turkey Sausage Breakfast Sandwich, Banana, Juice, Fat Free,
Chocolate or 1% Milk

Lunch: Pepperoni or Cheese Pizza, Carrots, Ranch, Apple Slices & Chocolate, Fat
Free or Low-fat milk.



BRIDGES PREPARATORY ACADEMY



MENÚ DEL ALMUERZO

12/1/25 - 12/5/25

Lunes

NO HAY CLASES: Día de Formación Docente

Martes

Desayuno: Pan Dulce Concha, Naranja, Leche Desnatada, 2% o Chocolate. Almuerzo: Bowl de Pollo Asiático/Edamame con Dumplings o Ensalada Asiática de Pollo, Manzana, Leche Desnatada, 2% o Chocolate.

Miércoles

Desayuno: Tazón de cereal Cocoa Puffs, galletas Graham, manzana, leche descremada, semidescremada o con chocolate. Almuerzo: Hot dog de pollo o burrito de frijoles y queso con papas gajo, pera, leche descremada, semidescremada o con chocolate.

Jueves

Desayuno: Waffle divertido y afrutado, pera, jugo, leche descremada, con chocolate o baja en grasa. Almuerzo: Pasta con pollo cajún o ensalada del chef, naranjas, leche descremada, semidescremada o con chocolate.

Viernes

Desayuno: Sándwich de salchicha de pavo, plátano, jugo, leche descremada, con chocolate o al 1%. Almuerzo: Pizza de pepperoni o queso, zanahorias, aderezo ranch, rodajas de manzana y chocolate, leche descremada o baja en grasa.

ESTA INSTITUCIÓN OFRECE IGUALDAD DE OPORTUNIDADES.