Bridges Food Menu Mar-23

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 B: Bagel & Cream Cheese L: Turkey & Cheese Panini w/broccoli or Cajun Pasta	2 B: Cereal & Graham Crackers L: Chicken & Waffles w/ mashed potatoes	3 B: String Cheese & Graham Crackers L: Pizza & Carrots	4
5	6 B:Yogurt & Graham Crackers L: Asian Chicken Pasta salad or Cajun Pasta Salad	7 B: Cereal & Graham Crackers w/ fruit L: Three cheese mac & cheese or chicken pasta primavera salad	8 B:Blueberry Muffin L: Cilantro Chicken Pasta Salad or Garlic Pesto Salad	9 B: Cereal & Graham Crackers L:Penne Pasta & Meat Sauce w/ corn	10 B:Coffee Cinnamon Crumble L: Pizza & Carrots	11
12	13 B: Mexican Concha L: Asian Chicken Pasra Salad	14 B: Cereal & Graham Crackers L: Chicken Teriyaki Bowl w/ rice	15 B:Bagel & Cream Cheese L: Cilantro Chicken Pasta Salad or Chipotle Cheese Pasta	16 B:Cereal & Graham Crackers L: Southwestern Chicken w/ corn	17 B:String cheese & Nutrigrain bar L: Pizza & Carrots	18
19	20 B: Blueberry Muffin L: Asian Chicken Salad or Garlic Pesto Salad	21 B: Cereal & Graham Crackers L: Spaghetti & Meatballs w/ Veggies	22 B: Strawberry Muffin L: Turkey & Cheese Panini or Cilantro Pasta Salad	23 B: Cereal & Graham Crackers L:Buffalo Wings w/ tater tots	24 B: Bagel & Sunbutter L: Pizza & Carrots	25
26	27 B: Concha & fruit L: Caesar Chicken Wrap or Asian Chicken Pasta Salad	28 B: Cereal & Graham Crackers L: Vegetarian Lasagna w/ veggies	29 B: Bagel & Cream Cheese L: Torta de tinga or Garlic Pesto Salad	30 B: Cereal & Graham Crackers L: Chicken Nuggets w/ corn	31 B: String Cheese & Graham Crackers L: Pizza & Carrots	